



## MINUTES General Meeting March 11, 2020

MEETING CALLED BY Anthony Ferrandino  
TYPE OF MEETING Monthly  
FACILITATOR Anthony Ferrandino  
NOTE TAKER MaryEllen Moll  
ATTENDEES 22

### AGENDA TOPICS

**WELCOME - ANTHONY FERRANDINO & SEAN BOYLAN** 10 minutes

All attendees introduced themselves.

**1LIFE UPDATES - CAT JULIANO** 10 minutes

1LIFE members Maya Jordan, Allie Wine and Julie Shrode reported on several of their recent events. These included a Medication Drop-off at the public libraries on February 25 and the successful Family Feud at Northport High School on February 26. 1LIFE members continue to promote their Self Care Swaps on social media and will also highlight Alcohol Awareness Month in April. They will be presenting their Digital Citizenship program at Ocean Avenue School in April and they are also busy planning for Wellness Week.

**FAMILY FEUD - ANTHONY FERRANDINO & CAT JULIANO** 10 minutes

Anthony and Cat reported on the Family Feud which was held at the Northport High School on February 26. Anthony explained how the fifth grade counselors prepare the students with lessons based on the "Too Good for Drugs" curriculum. Discussion followed about ways the event can be improved for next year. Suggestions included having two co-hosts to speed up the game and having 1LIFE participants rehearse the event beforehand.

**WELLNESS WEEK - ANTHONY FERRANDINO & CAT JULIANO** 20 minutes

Anthony reported on some of the activities planned for Wellness Week, which will take place at Northport High School from April 6-8. He explained that, in addition to two days of speakers, there will be resource tables in the commons, a mindfulness area in the high school library, and an Empathy Museum. Cat reported that 1LIFE members have been involved in getting some of the week's speakers.

DATF will also be hosting its first-ever Wellness Fair on Monday, April 6 from 7:00-9:00 p.m. She distributed a promotional flyer and letter about the fair and asked DATF members to help her in contacting vendors and organization willing to participate.

**MARIJUANA CONCENSUS - GEORGIANNA DOLAN-REILLY**

40 minutes

Georgianna (from the Long Island Prevention Resource Center) and Anthony shared a draft of the DATF position paper called PREVENTION OF UNDERAGE MARIJUANA USE. Georgianna had previously conducted three consensus activities — at DATF meetings in September, October and November of 2019 — to gather input from members. Discussion followed and suggestions were made for changes and improvements to the statement. Once it is finalized, the statement will represent DATF's official position on the issue.

**OTHER PROJECTS - CAT JULIANO**

20 minutes

Cat reported that thank you letters to all of the Color Run sponsors have been mailed out.

Michelle Rung shared a flyer on the Mental Health First Aid program which will be held at the Northport Library on March 21 & March 31. Teachers can receive professional development hours for attending.

Cat asked members for input on how we can observe Alcohol Awareness Month in April. Discussion followed about kicking off a campaign to have local bars and restaurants pledge to “serve responsibly.”

Rob Ingraham asked Anthony and Sean for a brief status report on the use of drugs and alcohol at Northport High School. Discussion followed.

Planning will begin for the annual DATF Picnic at Crab Meadow Beach. Possible dates are July 17 or July 24.