



**MINUTES**  
**General Meeting (Virtual)**  
**February 10, 2021**  
**7:00 p.m.**

MEETING CALLED BY	Anthony Ferrandino
TYPE OF MEETING	General
FACILITATOR	Anthony Ferrandino
NOTE TAKER	MaryEllen Moll
ATTENDEES	22

**AGENDA TOPICS**

**WELCOME - A. FERRANDINO** 15 minutes

A. Ferrandino welcomed everyone and attendees introduced themselves.

**1LIFE UPDATE - E. LYNCH** 15 minutes

1LIFE member M. Kang and Youth Coordinator E. Lynch shared a PowerPoint on several of 1LIFE's recent activities. On January 20 1LIFE held a virtual workshop called "Positively Motiving." The workshop focused on motivation, self-care and the importance of positive self talk. As a tie-in to Valentine's Day, 1LIFE members created a list of helpful resources for teens as well as Valentine's cards with encouraging messages. They posted both of these throughout the high school. They are also working on ideas to observe Marijuana Awareness Month. in February.

The recipients of DATF's scholarship were announced and 1LIFE members will begin planning for Wellness Week, Alcohol Awareness Month and the Crab Meadow Beach Cleanup. The scholarship recipients will be announced on social media.

**ACTIVE PARENTING UPDATE - C. JULIANO** 15 minutes

C. Juliano reported that the two winter Active Parenting series are well underway. The series for parents of teens has 7 participants and the series for parents of children ages 5-12 has 2 participants. Discussion followed about how to further promote the series.

**WORKGROUP UPDATES - C. JULIANO** 5 minutes

C. Juliano reported on the activities of DATF's workgroups. On February 4 the Data Collection Workgroup participated in a virtual training session with Kelli Keck of Epiphany Community Services. They plan to conduct listening sessions with members of the Chamber of Commerce as well as other community groups. The Marketing Workgroup is awaiting the updating of DATF's website before it continues with some targeted messaging.

## **YOUTH AND COVID-19**

30 minutes

A. Ferrandino and C. Juliano shared their observations on how the pandemic has negatively effected the teens they work with. They talked about a recent MTV video called “Each and Every Day: Stories from Survivors” which highlighted how the pandemic has impacted the mental health of teens. S. Boylan spoke about the mental health benefits of having sports programs restarted in the schools. Discussion followed about how DATF can address the problem.

## **ANNOUNCEMENTS**

5 minutes

DATF is forming a new “Content Creation Workgroup” whose goal will be to write articles for The Observer and other news outlets. C. Juliano asked that anyone interested in joining this group please email her.

DATF is cohosting a Medicine Collection on February 23 at both library buildings.